



CANADIAN cups to ml CONVERSION TABLE



Canadian cup	Milliliters	Canadian cup	Milliliters
1/16 cup	14.21	7 cups	1591.1
1/8 cup	28.43	8 cups	1818.4
1/4 cup	56.86	9 cups	2045.7
1/3 cup	75.80	10 cups	2273.0
1/2 cup	113.43	11 cups	2500.3
2/3 cup	151.07	12 cups	2727.6
3/4 cup	170.00	13 cups	2954.9
1 cup	227.3	14 cups	3182.2
2 cups	454.6	15 cups	3409.5
3 cups	681.9	16 cups	3636.8
4 cups	909.2	17 cups	3864.1
5 cups	1136.5	18 cups	4091.4
6 cups	1363.8	19 cups	4318.7

